With over twenty-five years of experience in finding and sponsoring the world's best riders and producing the best BMX bikes on the planet, you might expect us to be fairly arrogant. In fact, nothing could be further from the truth. You see, we understand that our success isn't measured by how many competitions our riders win or how many bikes we sell. It's measured year-in and year-out by our ability to listen to the needs of riders like you and then produce the bikes you want.

Most of those so-called "rider-owned" companies would like you to think of Haro as some huge, out-of-touch company cranking out millions of bikes. The fact is we're still a relatively small company who cares a lot more about the quality and performance of the bikes we sell, than how many we sell. And we realize that our past accomplishments don't matter a whole lot to you unless our newest bikes are capable of handling today's style of riding and the demands riders like you put on them.

We don't sponsor the best riders in the world just to ride our bikes. We sponsor guys like Dave, Ryan, and Warwick so we can listen to them and incorporate their ideas into the bikes we produce. Like Haro, they didn't set out to make tons of money and become superstars, they just love to ride. Every medal they ever won and every penny they've made came from working hard and taking risks others didn't or wouldn't. Their motivation, like ours, comes from a love of the sport, not the almighty dollar.

There isn't a bike company out there that has more passion or more experience when it comes to BMX, freestyle, and dirt. It's something we're proud of and it's evident in every product featured in this catalog.
Mirra; no other competitor has dominated the sport for as long as Dave. His X-Games medals, more than any other competitor in any sport, prove it. If you're serious about your riding, there aren't any better bikes than the ones Dave puts his name on. They come with something no other 'core' bike company can offer, a combination of Dave's input as the world's best rider and Haro's twenty five years of experience.

- New '05 Mirra Pro Full Cromo Frame w/ Heat-Treated Cromo Dropouts, Head Tube & BB Shell
- FSA 1-1/8" Hiddenset Sealed Internal Headset
- Premium Lite Tubular Cromo 3-pc 175mm Crankset
- Haro Oversize Sealed ISIS OS Bottom Bracket
- Premium Scaled 36H 3/8" Front / 40H 14mm Rear LSD Cassette Wheelset
- New Haro CNC Alloy 36t Sprocket
- New Twin Torque Alloy Seat Post w/ Alloy Guts & Haro Lite Clamp
- Dia-Tech 990 U-Brakes w/ Tech 77 Levers & Dekka Pads
- New '05 Mirra Pro Series Full Crmo Frame w/ Custom Crmo drops
- Haro Sub-C Tubular Crmo 3-pc 175mm Crankset w/ Sealed Bearing Euro BB set
- New Haro H-Crest Alloy 36t Sprocket
- New LSD Cassette 48H Rear Wheel w/ 14mm Hollow Axle
- 13T cog & Alex Double Wall DM-24 Rims
- Dia-Tech 997 Magic U-Brakes w/Fiesta Pad

- New '05 Mirra Pro Series 3-Tube Crmo Frame
- Haro Tubular Crmo 3-pc 175mm Sealed Bearing Crankset
- LSD 39/14T Compact Gearing
- Alloy Sprocket & ACS Southpaw Freewheel
- Haro 48H 14mm Hollow Axles Hub
- Alex Double Wall Rims

- New Mirra 16" 3-Tube Crmo Frame
- 1-1/8" Headset Headset
- Haro Sub-C Tubular Crmo 3-pc 140mm Crankset
- Haro Slim Jr. Full Crmo Bars
- New Alloy Mini 9/16" Platform Pedals

- New Mirra 540 Air Frame
- 1-1/8" Headset Headset
- Haro Sub-C Tubular Crmo 3-pc 140mm Crankset
- Haro Slim Jr. Full Crmo Bars
- New Alloy Mini 9/16" Platform Pedals
Ryan Nyquist has proven himself as the reigning King of Dirt, but his skills go way beyond dirt jumping. So we gave Ryan the chance to design his own frame that goes way beyond conventional construction methods. Ryan’s frame features a new hydroformed technology utilizing chromoly steel that enables the use of small tubes to reduce weight and larger diameter tubing at the seat tube for greater strength and torsional stiffness. It’s sick.

- '05 Nyquist Pro Full Crmo Frame w/ Heat-Treated Parts & Hydroformed Top Tube
- FSA 1-1/8” Hiddenset Sealed Headset
- Premium Lite Tubular Crmo 3-pc 175mm Cranks w/Haro Sealed ISIS OS BB Set
- New Haro Alloy 33t CNC Sprocket
- Premium Sealed 36H 3/8” Front / 40H 14mm Hollow Axle Rear Cassette Wheelset
- Dia-Compe 990 Brakes w/Tech 77 Levers
- Haro Alloy Twin Torque Micro-Adjust Post w/ Alloy Guts
**Nyquist Series**

- *Nyquist R2 Colors*
  - SG Olive
  - Midnight Blue
  - Raw

- *Nyquist R24 Colors*
  - Raw
  - SG Black

- *Nyquist R1 Colors*
  - SG Blood Red
  - SG Chocolate
  - SG Black

**Nyquist R16 Colors**

- Midnight Blue
- SG Black

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**Specifications**

- **Nyquist R2**
  - 16" 3-tube Crmo Frame w/ Hydroformed Top Tube
  - Straight Shooter 16" Full Crmo Fork
  - Haro Sub-C 3-pc Tubular Crmo Cranks 175mm w/ Scaled Bottom Bracket
  - Haro 48H 14mm Hollow Axle Hubs, Cassette Rear w/ Haro Double-Wall Alloy Rims
  - New Haro Twin 36T Sprocket
  - Haro Twin Tongue Micro-Adjust Post w/ Alloy Guts

- **Nyquist R24**
  - 16" 3-tube Crmo Frame w/ Hydroformed Top Tube & Shorter Stays
  - Straight Shooter 24" Full Crmo Fork
  - Haro Sub-C 3-pc Tubular Crmo Cranks 175mm w/ Scaled Euro Bottom Bracket
  - Haro 48H 14mm Hollow Axle, Cassette Rear w/ Haro Double-Wall Alloy Rims
  - New Haro Alloy 36T Sprocket
  - Haro Twin Tongue Micro-Adjust Post w/ Alloy Guts

- **Nyquist R1**
  - 24" 3-tube Crmo Frame w/ Hydroformed Top Tube
  - Straight Shooter Full Crmo Fork
  - Haro 3-pc Tubular Crmo 175mm Cranks w/ Sealed Bottom Bracket
  - Haro 48H 14mm Hollow Axle Hubs, Cassette Rear w/ Haro Double-Wall Alloy Rims
  - New Haro Alloy 36T Sprocket
  - 36x13 Gearing
  - Haro Street 7.75 Crmo Bars w/ 45 Degree Stem

- **Nyquist R16**
  - 16" 3-tube Crmo Frame w/ Hydroformed Top Tube
  - Straight Shooter 16" Full Crmo Fork
  - Haro Sub-C 3-pc Tubular Crmo 140mm Cranks
  - Haro 36H 1/8" Axles, Alloy Black anodized 30H Wheelset
  - Haro 36H 14mm Hollow Axle Hubs, Cassette Rear w/ Haro Double-Wall Alloy Rims
  - New Haro Alloy 36T Sprocket
  - Haro Street 7.75 Crmo Bars
  - Haro-Catapult 16" Tires
Master M7

- New Chad DeGroot Designed Full Cromo Frame
- Hidenset Headset & Euro BB Set
- Premium Lite 3-pc. 165mm Crankset
- Turbine Freewheel Hubs w/ Hmut Axle Hollow / Alex Supra Beta Chromed Rims
- Compact 36x1T Gearing
- DiaTech 996 / Dekka Pads / Tech 77 Levers
- Haro 7.25" Cromo Bars

Master M6 Color

Master M7 Color

SG Chocolate

Gray
This is where it all began with a bike called the Freestyler. No other bike has the heritage and proven performance that comes from being a direct descendent of the first freestyle bike ever developed. From basic to park ready bikes, the quality and value of the Freestyle series demonstrates why Haro is still 'first in freestyle' after twenty five years in the sport.

- Revised F-Series Frame w/Cromo Main Tubes
- Full Cromo Fork
- Haro Tubular Cromo 3-pc Crankset w/ B-Spline Axle
- Haro Cassette-88H Rear Hub w/ Hollow Axle
- Compact 36x13T Gearing
- Alex Alloy Rims
**F-Series F3**
- Revised F-Series Frame w/Cross Seat Tube
- Haro Tubular Crmo 3-pc 175mm Crankset w/ Hexagonal Axle
- Compact 3Fn 17T Gearing
- Haro Alloy Rims w/Oversized 14mm Axle Holes

**F3 Colors**
- Pewter
- Cat Yellow
- Blue
- Chrome

**F-Series F2C**
- Revised F-Series Frame w/Cross Seat Tube
- Haro Tubular Crmo 3-pc 175mm Crankset w/ Hexagonal Axle
- 7° Street Bars
- Tektro Alloy U-Brakes w/ Sticky Pads
- Haro Alloy Rims w/Oversized 14mm Axle Hubs
- Haro DX Alloy Pedals
- Steel Grooved Pegs

**F-Series F2C Colors**
- Absolute Red
- Midnight Blue
- Chrome

**F-Series F3 Mag**
- Revised F-Series Jr. Sured Frame w/Cross Seat Tube
- Tektro Alloy U-Brakes w/ Sticky Pads
- Haro Alloy Rims w/Oversized 14mm Axle Hubs
- Haro DX Alloy Pedals
- Steel Grooved Pegs

**F3 Mag Colors**
- Royal Blue
- Black
- Chrome
• '05 Backtrail 3 Tube Cromo Frame
• Haro Tubular Cromo Spc 175mm Cranks w/ 8-Spline Sealed Mech. BB
• Haro 48H Double-Wall Alloy Rims
• 8s. Alloy Cassette Hubs w/ Hollow 14mm Axle
• Alloy 36T Sprocket w/ 16T Cog

X3 Colors

56 Rust
5g Black
5g Black
Pewter

X2 Colors

Black
56 Rust
5g Black
1g Primer
Chrome

X1 Colors

Black
56 Olive
Blue
Royal Blue
Chrome

X24 Color

56 Black
56 Black
56 Black

Backtrail X3

Backtrail X2

Backtrail X4

Backtrail X1

• '05 Backtrail 24" 3 Tube Cromo Frame
• Haro BMX Fork w/ BMX Steerer
• Haro Tubular Cromo Spc 175mm Cranks w/ 8-Spline Sealed Mech. BB
• Haro H-Crest 39T Sprocket
• Haro Alloy Rims & 18h Hubs w/ 14mm Axles

• '05 Backtrail 1 Tube Cromo Frame
• Haro BMX Fork w/ Cross Steerer
• Haro Tubular Cromo Spc 175mm Cranks w/ 8-Spline Sealed Mech. BB
• Haro H-Crest 39T Sprocket
• Haro Alloy Rims & 48h Alloy Hubs w/ 14mm Axles

• '05 Backtrail 1 Tube Cromo Frame
• SST Oryg Rotor
• Haro Tubular Cromo Spc 175mm Cranks w/ Hexagonal Sealed Mech. BB
• Haro DX Alloy Pedals
• Haro Alloy Rims & 48h OS Hubs w/ 14mm Axles
Backtrail Series

**Backtrail XO**
- '05 Backtrail Jr. 1 Tube Crmo Frame
- Haro Street 20" 2.5 Bars
- Haro MagCrank 175mm Crmo w/ Sealed Mech. BB
- Alloy 36H 3/8" Axle Wheelset
- Tektro U-Brake Rear Only

**XO Colors**
- Cat Yellow
- Midnight Blue
- Chrome

**Z16 Colors**
- Absolute Red
- Ice Blue
- Chrome

**Backtrail Z16**
- '05 Z16 Low Profile Frame w/ 3-pc Pedals
- Sealed Mechanism BB Set
- Haro 36T Sprocket
- Tektro U-Brake / Reach Adjust Lever
- Steel Coaster Brake 20H 3/8" Hubset

**Backtrail Z20**
- '05 Z20 Low Profile Frame w/ 3-pc Pedals
- Sealed Mechanism BB Set
- Haro BMX OS Threadless Forks
- Haro Min Jr. Bars / Chromoly Stem
- Tektro U-Brake / Reach Adjust Lever

**Z20 Colors**
- Black
- Chrome

**Z12 Colors**
- Ice Blue
- Royal Blue

- '05 Z12 Low Profile Frame w/ 3-pc Pedals
- Sealed Mechanism BB Set
- Sturdy Training Wheels
- Steel Coaster Brake 16H 3/8" Hubset
BMX bikes have one purpose, to transfer every ounce of power in your legs to the ground. Whether you are pint-sized or full-sized like Haro's Double A Pro Warwick Stevenson, there is a Group 1 for you. Our aluminum hydro-formed SX models represent the state-of-the-art in frame engineering, blending incredible torsional stiffness with light weight.

- New '05 SX Pro XL Frame with Revised Hydroformed Top Tube
- Haro Carbon Fork w/ Crmo Steerer
- Truvativ Racing Team 180mm Crankset
- Isis Overdrive Sealed Bottom Bracket
- Super Light Haro I-Beam Race Seat with SDG Post
- Sun Rhyno Lite Rims w/ Eyellets & CNC Sides / Sealed Bearing Cassette Hubset
**SX Comp XL Color**

- New '05 SX Pro XL Frame with Revised Hydroformed Top Tube
- TH Power Pro Internal Cup AHeadset
- Truvativ Racing XR 180mm Alloy Crankset w/ ISIS BB
- Haro Cassette 36T Rear Hub w/ 36x13T Gearing
- Single Hammer 24" Circ Bars
- Haro 45 Dog 20mm

**SX Comp**

- New '05 SX Comp Frame with Revised Hydroformed Top Tube
- Truvativ Racing XR Alloy Crankset
- Isis Overdrive Sealed Bottom Bracket
- Haro Cassette 36T Rear Hub w/ 36x13T Gearing
- Black Anodized Sun Rhyno Lite Rims w/ CNC Sides

**SX 24 Color**

- New Compact '05 SX 24 Frame with Revised Hydroformed Top Tube
- Truvativ Racing XR 180mm Crankset
- Isis Overdrive Sealed Bottom Bracket
- Haro Cassette 36T Rear w/ 36x13T Gearing
- Black Anodized Sun Rhyno Lite Rims w/ CNC Sides

**SX Comp Colors**

- Royal Blue
- Pewter

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**Group 1 BMX**

- Compact '05 SX 24 Frame with Revised Hydroformed Top Tube
- Truvativ Racing XR 180mm Crankset
- Isis Overdrive Sealed Bottom Bracket
- Haro Cassette 36T Rear Hub w/ 36x13T Gearing
- Black Anodized Sun Rhyno Lite Rims w/ CNC Sides
**Group 1 BMX**

- Group 1 Expert 7005 Alloy Frame w/ 3-D Forged Dropouts & 3-pc Pedals
- Truvativ Racing Jr. Alloy 3pc 170mm Crank w/ Sealed Cartridge BB
- Haro Alloy 10mm Rise Bars w/ bolt-on Alloy Cross Bar
- Double Wall Rims w/ CNC sidewalls & 16G, Sealed Mech. Hubs
- '05 Haro Junior Numberplate

**SX Expert Colors**

- Pewter
- Royal Blue

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**Group 1 BMX**

- Group 1 Mini 7005 Alloy Frame w/ 3-D Forged Dropouts & 3-pc Pedals
- Haro Crmo 1" Threadless Fork
- Truvativ Racing Jr. Alloy 3pc 155mm Cranks w/ Sealed Cartridge BB
- Double Wall Rims w/ CNC Sidewalls & Sealed Mech. Hubs
- '05 Haro Mini Numberplate

**SX Mini Colors**

- Pewter
- Royal Blue

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**Group 1 BMX**

- Group 1 Junior 7005 Alloy Frame w/ 3-D Forged Dropouts & 3-pc Pedals
- Haro Crmo 1" Threadless Fork
- Truvativ Racing Jr. Alloy 3pc 155mm Cranks w/ Sealed Cartridge BB
- Double Wall Rims w/ CNC Sidewalls & Sealed Mech. Hubs
- '05 Haro Junior Numberplate

**SX Junior Colors**

- Pewter
- Royal Blue

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**Group 1 BMX**

- Group 1 Mini Full Crmo Frame w/ 2-pc Pedals
- Haro Forged 3pc 10mm Cranks w/ Sealed Cartridge BB
- Telemi Mini Direct Pull Brake
- Mini Alloy Pedals w/ Molded Pins

**CSX Mini Colors**

- Pewter
- Real Red
### BMX Specs

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### Central Components

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*All dimensions center-to-center unless otherwise noted. Dimensions provided in inches/millimeters. Equipment included but not shown. Specifications subject to change without notice.*